



FRIENDS OF EAST AFRICA FOUNDATION

December 2016 Newsletter



Young parents-to-be make their way to the Ruth Gaylord hospital, sometimes already exhausted by the time they get there. They're excited and hopeful as they prepare for their baby's birth,

but at the same time, they're anxious and even a little scared, too. I imagine Mary and Joseph felt the same way when the time grew near for Jesus to be born. At the Ruth Gaylord Hospital, you can't help but think of the Christmas story every month of the year.

As we prepare to celebrate the coming of Christ, know that we are deeply grateful for your abundant generosity and support over the past year. Not only are you helping to improve healthcare for faraway neighbors. But just as Jesus did, you are bolstering hope, dispelling fear, giving courage. Like Him, you spread the Good News.

Christmas blessings!

Dennis Dease

Reverend Dennis Dease
Chair of the Board
Friends of East Africa Foundation



This little guy received one of 677 free vaccinations at the Ruth Gaylord Hospital in October.



On our 'wish list':

Affordable housing to sustain hospital long-term



Architect's rendering of the first of the proposed affordable apartment buildings on the Ruth Gaylord Hospital campus

As you know, the Friends of East Africa Foundation works to support excellent health care for people of all incomes. Employing a sustainable nonprofit model, Hope Medical Clinics-Uganda and its Ruth Gaylord Hospital turn away no patient who seeks care.

The foundation now aims to cover costs of future hospital equipment replacement, ambulance

Right: Finishing touches continue on "Building C" (the closest of the red-roofed buildings) on the Ruth Gaylord Hospital campus. See the undeveloped patch of land at the photo's center? That's where we envision 40 units of affordable housing, which will help to sustain the hospital for years to come.



maintenance, public health outreach and the gaps between patient payments and the full costs of care – all without passing along increased costs to patients.

An innovative, entrepreneurial plan calls for the creation of a real-estate endowment: building affordable housing on 1.5 acres of the hospital's remaining 2.5 acres of open property and investing the income for future expenses.

Once architects secure approval from the Wakiso District Council for the first eight-unit apartment building for the site, the foundation will seek bids – and \$225,000 in funds – for construction.

Each 1,200 square-foot unit would generate at least \$1,500 per year in investable rental income for the hospital as well as help to meet the growing demand in the Maganjo area for affordable housing. The hospital's open property eventually could accommodate up to 40 units over the next seven years.



You can help:

Challenge grants make gifts twice as nice

Thanks to the extraordinary generosity of the Hubbard Broadcasting Foundation and Gary Holmes, you have an opportunity to double the power of a year-end gift to the Friends of East Africa Foundation!

All gifts received by **December 31, 2016**, will be matched, dollar-for-dollar, up to \$100,000. Help us make the most of this wonderful opportunity to achieve our capital funding priorities:

- **To complete Building C on the Ruth Gaylord Hospital campus:** Plaster, tile and furnish the middle level, furnish patient rooms on the ground level, and complete exterior landscaping and paving. Equipment needs include an X-ray machine. Needed: **\$201,625.**
- **To develop a potable water system on the hospital campus:** Bore a 300-foot well, construct a water tower, install pumps, acquire and connect solar-power water pasteurizers, and make a reliable drinkable water supply available to all of the hospital's buildings and to hospital neighbors. Needed: **\$57,353.**
- **To harvest rainwater:** Acquire and install underground a 100,000-liter reservoir and a gravity-driven rooftop distribution system that would store and dispense harvested rainwater for flushing toilets, laundry, cleaning and irrigation. Needed: **\$7,353.**
- **To create an endowment:** Establish a real-estate endowment by beginning development of affordable housing on a portion of the hospital's unused acreage. This will support replacement of costly hospital equipment, maintain ambulance

service, provide public health outreach and fill the gaps between patient payments and the full costs of care. Needed: **\$225,000.**

Our funding priorities total **\$491,331**. That's a big number, but, in the words of an old Ugandan proverb, "The bird that pecks at a rock trusts in the strength of its beak."

In an effort to minimize administrative costs, we do not take credit cards. Checks, however, are gladly accepted and may be sent to the **Friends of East Africa Foundation, 2130 Summit Avenue, St. Paul, MN 55105.**

We welcome any questions you might have about naming opportunities, gifts to honor or memorialize a loved one, or gifts in kind. We're also grateful for your kind thoughts and prayers as we work together.

Happy New Year!





U of M surgical team plans working visit to hospital in February

Dr. Jeffrey Chipman and Dr. Greg Beilman, two University of Minnesota Medical School professors highly regarded throughout the nation, will lead a team of surgical volunteers to the Ruth Gaylord Center in early February.

The team will include the two surgeons, an anesthetist and a surgery resident who will spend their first day seeing patients who may need hernia repairs or minor skin surgeries, then perform the surgeries over the next four days and follow up with patients as needed.

Chipman is chief of the university's Division of Critical Care and Acute Care Surgery, directs the General Surgery

Residency and is vice chair for education. Beilman is a professor in the Department of Surgery and has been recognized as one of the Top Doctors in America®.

Another University of Minnesota Medical School professor, Dr. Tim Schacker – a University of St. Thomas alumnus – organized the project and has joined the Board of Directors of Hope Medical Clinics-Uganda. Schacker directs the medical school's Program in HIV Medicine its Clinical and Translational Research Services.

“We couldn't be more grateful to these skilled professionals,” said hospital CEO Peter Kiggundu.



The Friends of East Africa Foundation is a Minnesota nonprofit corporation designated by the Internal Revenue Service as a 501(c)(3) organization. Contributions are fully tax-deductible.